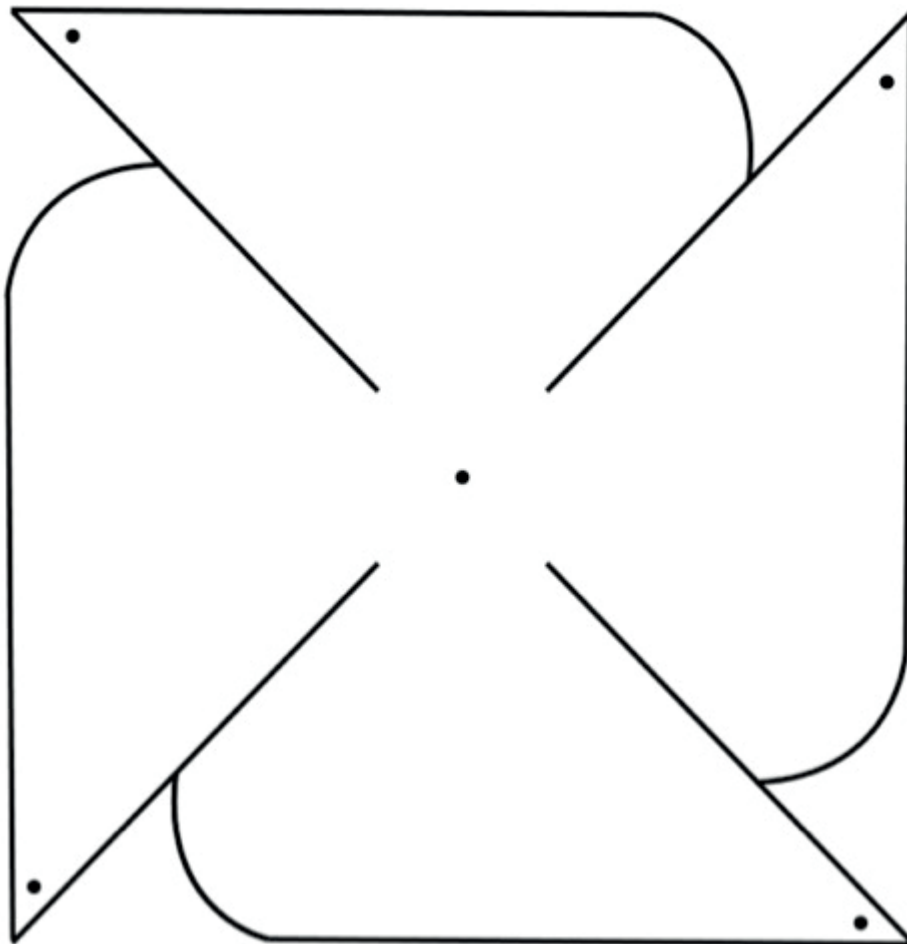


Oh, we do like to be beside the seaside!

We are so lucky in the North East to have such a huge stretch of coast, with beautiful seaside towns and white sandy beaches. Did you know that there are 112 beaches in the North East?

What is your favourite thing to do at the seaside? Is it building sandcastles or going for a splash in the sea? Or maybe you look forward to a bag of chips (with added sand) or a huge ice cream?



Pinwheels

Make your own pinwheel to catch the fresh sea breeze and decorate your sandcastle.

You will need:

- Pinwheel template
- A stick
- Pipe cleaner
- Bead
- Scissors
- Materials to decorate

1. Cut out the template and along the solid black lines.
2. Using a sharp pencil, push it through the black dots to make holes.
3. Push the pipe cleaner through the central hole
4. Start to fold in the other corners with holes in towards the centre.
Don't make a solid folded line, make them bend.
5. As each corner comes towards the centre, thread the pipe cleaner through each of those holes. Do this with each one.
6. Add a bead behind, and in front of the pin wheel.
7. Twist the pipe cleaner at the front so that the bead won't come loose.
8. With the other end of the pipe cleaner (the longest piece), twist it around and around the stick so that it is secure.

Fake Sand

Can't get to the beach? Then make your own sand. This sand is safe if it gets into any little mouths and doesn't have that awful sandy crunch!

All you need to do is mix eight cups of flour with one cup of oil.

This is great for sensory play with little ones, for making landscapes for cars or trucks to drive around or to simply make sandcastles in!

Make sure to show us photos of your sandy creations!

Ice cream + Slushie recipes

Here are the ingredients you will need to make your very own frozen slushie or ice cream at home. Watch our video to find out how!

You will need:

- Two zip-lock sandwich bags – x1 large x1 small (you might also like a second small bag for extra security!)
- Ice cubes (at least 12)
- 1/3 cup salt
- 1 pair of gloves

And then either:

- 1 cup milk, 1 tablespoon sugar, 1/4 teaspoon vanilla essence

Or

- 1 cup of fruit juice or flavoured milk